



**Five Year Follow-up Interview**  
**COOKING PRACTICES MODULE**

**May 8, 2001**

**FILE NAME: DIET1203.wpd**

OMB#0925-0406  
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**This section is about your usual eating and cooking habits during the past year for meat, poultry, and fish. I will ask the number of times you ate the food items, how each item was prepared, and the level of doneness for each meat product. Some of the information may be hard to remember. Please try to give your most accurate estimation. Keep in mind your eating habits for only the past year, from [month and year minus 1 year] to [current month and year].**

Some common methods of cooking meats prepared at home include pan-frying, deep-fat frying, broiling, baking, grilling, barbecuing, and microwaving. If you normally eat the foods we mention from a fast-food place, please consider that as a separate cooking category from meats cooked at home, in other restaurants, or away from home.

FAST-FOOD RESTAURANTS INCLUDE MCDONALD’S, BURGER KING, WENDY’S, ETC. IT DOES NOT INCLUDE RESTAURANTS SUCH AS SIZZLER, TGI FRIDAY’S ETC.

I am going to give you some definitions of what we mean by certain cooking methods; I can repeat these any time you need me to.

**By Pan-frying:** I mean cooking meat in a preheated heavy frying pan or griddle (with or without added fat).

**By Grilling or Barbecuing:** I mean cooking the meat by placing it on a grid over coals, open fire, or ceramic briquettes heated by gas. (Barbecuing can mean with or without sauce; the focus is on the location of the flame.)

**By Oven-broiling:** I mean cooking meat by placing it below the heat source such as in an oven after setting it on broil.

**Include only your own eating habits, not those of the rest of your family.**

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**BEGINNING OF COOKING PRACTICE QUESTIONS:**

**1. Are there any types of meat, poultry or fish that you exclude from your diet?**

A2EXCLUD<sup>1</sup>

1. yes

2. no **[Go to Q2]**

DK **[EXIT INTERVIEW AND SAVE]**

REF **[EXIT INTERVIEW AND SAVE]**

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<sup>1</sup>Variable names are shown in green. Note that when the responses are included in an applicator file, they start with “A2”. When they are included in a spouse data file, however, the “A2” is replaced with “S2”.

**1a. Which of the following foods do you totally exclude from your diet?**

READ RESPONSES. MARK ALL THAT APPLY. HIGHLIGHT AND ENTER TO RECORD RESPONSE. PROBE FOR COMPLETE LIST. WHEN COMPLETE, HIGHLIGHT ANSWER FIELD AND ENTER.

A2TYPEE1 / A2TYPEE2 / A2TYPEE3 / A2TYPEE4 / A2TYPEE5 / A2TYPEE6 / A2TYPEE7 / A2TYPEE8

1. hamburgers and cheeseburgers [Skip Q2-Q2g]
2. beef steaks [Skip Q3-Q3g]
3. pork chops [Skip Q4-Q4e]
4. bacon [Skip Q5-Q5e]
5. sausage [Skip Q6-Q6e]
6. hot dogs or frankfurters [Skip Q7-Q7e]
7. chicken [Skip Q8-Q8g]
8. fish

IF YES TO ALL OF THE ABOVE, EXIT INTERVIEW AND SAVE

**2. During the past year, how often did you eat hamburgers or cheeseburgers ? For example, did you eat them twice a week, once a week, 2-3 times a month, or more or less often?**

A2HAMBUR PROMPT AS NEEDED

1. 1-6 times per year
2. 7-11 times per year
3. Once per month (12 -23 times per year)
4. 2-3 times per month (24-36 times per year)
5. 1 time per week
6. 2 times per week
7. 3-4 times per week
8. 5-6 times per week
9. 1 time per day
10. 2 or more times per day
11. Do not eat [Go to Q3]
- \_\_DK [Go to Q3]
- \_\_REF [Go to Q3]

**2a. What was the most frequent way your hamburgers or cheeseburgers were cooked? Remember if you usually eat them at a fast food restaurant, we consider that a separate cooking category.**

**A2HCFREQ** PROMPT AS NECESSARY WITH COOKING METHODS

- 1. Pan-fried [Go to Q2b]
- 2. Grilled/Barbecued [Go to Q2b]
- 3. Oven-broiled [Go to Q2b]
- 4. Bought at a fast-food restaurant [Go to Q2b]
- 5. Microwaved [Go to Q2b]
- 6. Other
- \_\_\_DK [Go to Q2g]
- \_\_\_REF [Go to Q2g]

**2ao. Specify the most frequent way your hamburgers or cheeseburgers were cooked.**

**A2HCSPEC**

\_\_\_\_\_ \_\_\_DK \_\_\_REF

**2b. About how often were your hamburgers or cheeseburgers [cooking method] (cooked this way)?**

**A2HCFRQO** READ CATEGORIES FIRST TIME THROUGH

- 1. Almost always or always (100%) [Go to Q2g]
- 2. About 3/4 of the time (75%) [if Q2=1, GO TO Q2g]
- 3. About 1/2 of the time (50%) [if Q2=1, GO TO Q2g]
- 4. About 1/4 of the time (25%) [if Q2=1, GO TO Q2g]
- \_\_\_DK [Go to Q2g]
- \_\_\_REF [Go to Q2g]

**2c. What was the second most frequent way your hamburgers and cheeseburgers were cooked?**

**A2HCSECF**

- 1. Pan-fried [Go to Q2d]
- 2. Grilled/Barbecued [Go to Q2d]
- 3. Oven-broiled [Go to Q2d]
- 4. Bought at a fast-food restaurant [Go to Q2d]
- 5. Microwaved [Go to Q2d]
- 6. Other
- \_\_\_DK [Go to Q2g]
- \_\_\_REF [Go to Q2g]

**2co. Specify the 2nd most frequent way your hamburgers or cheeseburgers were cooked.**

**A2HCSPE2**

\_\_\_\_\_ \_\_\_DK \_\_\_REF

**2d. About how often were your hamburgers or cheeseburgers [cooking method](cooked this way)?**

- A2HCSECO
1. Almost always or always (100%) [Go to Q2g]
  2. About 3/4 of the time (75%) [IF Q2B PLUS Q2D =100%, GO TO Q2G]
  3. About 1/2 of the time (50%) [IF Q2B PLUS Q2D =100%, GO TO Q2G]
  4. About 1/4 of the time (25%) [IF Q2B PLUS Q2D =100%, GO TO Q2G]
- \_\_\_DK [Go to Q2g]  
\_\_\_REF [Go to Q2g]

**2e. What was the third most frequent way your hamburgers and cheeseburgers were cooked?**

- A2HCTHIR
1. Pan-fried [Go to Q2f]
  2. Grilled/Barbecued [Go to Q2f]
  3. Oven-broiled [Go to Q2f]
  4. Bought at a fast-food restaurant [Go to Q2f]
  5. Microwaved [Go to Q2f]
  6. Other
- \_\_\_DK [Go to Q2g]  
\_\_\_REF [Go to Q2g]

**2eo. Specify the 2nd most frequent way your hamburgers or cheeseburgers were cooked.**

A2HCSPE3

\_\_\_\_\_ \_\_\_DK \_\_\_REF

**2f. About how often were your hamburgers or cheeseburgers [cooking method] (cooked this way)?**

- A2HCTHRO
1. Almost always or always (100%)
  2. About 3/4 of the time (75%)
  3. About 1/2 of the time (50%)
  4. About 1/4 of the time (25%)
- \_\_\_DK  
\_\_\_REF

**2g. In the past year, when you ate hamburgers or cheeseburgers, were they usually...**

- A2HCUSUA READ CATEGORIES
1. rare \_\_\_DK
  2. medium rare \_\_\_REF
  3. medium
  4. medium-well
  5. well-done
  6. very well-done

**3. In the past year, how often did you eat beef steaks ?**

A2BEEFOF

PROMPT AS NEEDED

1. 1-6 times per year
2. 7-11 times per year
3. Once per month (12 -23 times per year)
4. 2-3 times per month (24-36 times per year)
5. 1 time per week
6. 2 times per week
7. 3-4 times per week
8. 5-6 times per week
9. 1 time per day
10. 2 or more times per day
11. Do not eat **[Go to Q4]**
- \_\_DK **[Go to Q4]**
- \_\_REF **[Go to Q4]**

**3a. What was the most frequent way your beef steaks were cooked?**

A2BEEFFR

PROMPT AS NECESSARY WITH COOKING METHODS

1. Pan-fried **[Go to Q3b]**
2. Grilled/Barbecued **[Go to Q3b]**
3. Oven-broiled **[Go to Q3b]**
4. Bought at a fast-food restaurant **[Go to Q3b]**
5. Microwaved **[Go to Q3b]**
6. Other
- \_\_DK **[Go to Q3g]**
- \_\_REF **[Go to Q3g]**

**3ao. Specify the most frequent way your beef steaks were cooked.**

A2BSSPEC

\_\_\_\_\_ \_\_DK \_\_REF

**3b. About how often were your beef steaks [cooking method](cooked this way)?**

**A2BSFRQO** READ CATEGORIES FIRST TIME THROUGH

- 1. Almost always or always (100%) **[Go to Q3g]**
- 2. About 3/4 of the time (75%) **[if Q3=1, GO TO Q3g]**
- 3. About 1/2 of the time (50%) **[if Q3=1, GO TO Q3g]**
- 4. About 1/4 of the time (25%) **[if Q3=1, GO TO Q3g]**
- \_\_\_DK **[Go to Q3g]**
- \_\_\_REF **[Go to Q3g]**

**3c. What was the second most frequent way your beef steaks were cooked?**

- A2BSSECF**
- 1. Pan-fried **[Go to Q3d]**
  - 2. Grilled/Barbecued **[Go to Q3d]**
  - 3. Oven-broiled **[Go to Q3d]**
  - 4. Bought at a fast-food restaurant **[Go to Q3d]**
  - 5. Microwaved **[Go to Q3d]**
  - 6. Other
  - \_\_\_DK **[Go to Q3g]**
  - \_\_\_REF **[Go to Q3g]**

**3co. Specify the 2nd most frequent way your beef steaks were cooked.**

**A2BSSPE2** \_\_\_\_\_ \_\_\_DK \_\_\_REF

**3d. About how often were your beef steaks [cooking method] (cooked this way)?**

- A2BSSECO**
- 1. Almost always or always (100%) **[Go to Q3g]**
  - 2. About 3/4 of the time (75%) **[IF Q3B PLUS Q2D =100%, GO TO Q3G]**
  - 3. About 1/2 of the time (50%) **[IF Q3B PLUS Q2D =100%, GO TO Q3G]**
  - 4. About 1/4 of the time (25%) **[IF Q3B PLUS Q2D =100%, GO TO Q3G]**
  - \_\_\_DK **[Go to Q3g]**
  - \_\_\_REF **[Go to Q3g]**

**3e. What was the third most frequent way your beef steaks were cooked?**

- A2BSTHIR**
- 1. Pan-fried [Go to Q3f]
  - 2. Grilled/Barbecued [Go to Q3f]
  - 3. Oven-broiled [Go to Q3f]
  - 4. Bought at a fast-food restaurant [Go to Q3f]
  - 5. Microwaved [Go to Q3f]
  - 6. Other
  - DK [Go to Q3g]
  - REF [Go to Q3g]

**3eo. Specify the 2nd most frequent way your beef steaks were cooked.**

**A2BSSPE3**

\_\_\_\_\_  DK  REF

**3f. About how often were your beef steaks [cooking method] (cooked this way)?**

- A2BSTHRO**
- 1. Almost always or always (100%)
  - 2. About 3/4 of the time (75%)
  - 3. About 1/2 of the time (50%)
  - 4. About 1/4 of the time (25%)
  - DK
  - REF

**3e. In the past year, when you ate beef steaks, were they usually...**

- A2BSUSUA** READ CATEGORIES
- 1. rare
  - 2. medium rare
  - 3. medium
  - 4. medium-well
  - 5. well-done
  - 6. very well-done
  - DK
  - REF



**4. During the past year, how often did you eat pork chops?**

A2PORKOF

PROMPT AS NEEDED

1. 1-6 times per year
2. 7-11 times per year
3. Once per month (12 -23 times per year)
4. 2-3 times per month (24-36 times per year)
5. 1 time per week
6. 2 times per week
7. 3-4 times per week
8. 5-6 times per week
9. 1 time per day
10. 2 or more times per day
11. Do not eat **[Go to Q5]**
- \_\_DK **[Go to Q5]**
- \_\_REF **[Go to Q5]**

**4a. What was the most frequent way your pork chops were cooked?**

A2PORKFR

PROMPT AS NECESSARY WITH COOKING METHODS

1. Pan-fried **[Go to Q4b]**
2. Grilled/Barbecued **[Go to Q4b]**
3. Oven-broiled **[Go to Q4b]**
4. Baked **[Go to Q4b]**
5. Microwaved **[Go to Q4b]**
6. Bought at fast food restaurant **[Go to Q4b]**
7. Other
- \_\_DK **[Go to Q4e]**
- \_\_REF **[Go to Q4e]**

**4ao. Specify the most frequent way your pork chops were cooked.**

A2PKSPEC

\_\_\_\_\_ \_\_DK \_\_REF

**4b. About how often were your pork chops [cooking method](cooked this way)?**

A2PKFRQO READ CATEGORIES FIRST TIME THROUGH

- 1. Almost always or always (100%) [Go to Q4e]
- 2. About 3/4 of the time (75%) [if Q4=1, GO TO Q4e]
- 3. About 1/2 of the time (50%) [if Q4=1, GO TO Q4e]
- 4. About 1/4 of the time (25%) [if Q4=1, GO TO Q4e]
- \_\_\_DK [Go to Q4e]
- \_\_\_REF [Go to Q4e]

**4c. What was the second most frequent way your pork chops were cooked?**

- A2PKSECF
- 1. Pan-fried [Go to Q4d]
  - 2. Grilled/Barbecued [Go to Q4d]
  - 3. Oven-broiled [Go to Q4d]
  - 4. Baked [Go to Q4d]
  - 5. Microwaved [Go to Q4d]
  - 6. Bought at fast food restaurant [Go to Q4d]
  - 7. Other
  - \_\_\_DK [Go to Q4e]
  - \_\_\_REF [Go to Q4e]

**4co. Specify the 2nd most frequent way your pork chops were cooked.**

A2PKSPE2

\_\_\_\_\_ \_\_\_DK \_\_\_REF

**4d. About how often were your pork chops [cooking method](cooked this way)?**

- A2PKSECO
- 1. Almost always or always (100%)
  - 2. About 3/4 of the time (75%)
  - 3. About 1/2 of the time (50%)
  - 4. About 1/4 of the time (25%)
  - \_\_\_DK
  - \_\_\_REF

**4e. In the past year, when you ate pork chops, were they usually....**

- A2PKUSUA
- 1. cooked just until done
  - 2. well-done
  - 3. very well-done
  - \_\_\_DK
  - \_\_\_REF

**5. During the past year, how often did you eat bacon?**

A2BACONO

PROMPT AS NEEDED

1. 1-6 times per year
2. 7-11 times per year
3. Once per month (12 -23 times per year)
4. 2-3 times per month (24-36 times per year)
5. 1 time per week
6. 2 times per week
7. 3-4 times per week
8. 5-6 times per week
9. 1 time per day
10. 2 or more times per day
11. Do not eat **[Go to Q6]**
- \_\_DK **[Go to Q6]**
- \_\_REF **[Go to Q6]**

**5a. What was the most frequent way your bacon was cooked ?**

A2BACONF

PROMPT AS NECESSARY WITH COOKING METHODS

1. Pan-fried **[Go to Q5b]**
2. Grilled/Barbecued **[Go to Q5b]**
3. Oven-broiled **[Go to Q5b]**
4. Bought at a fast-food restaurant **[Go to Q5b]**
5. Microwaved **[Go to Q5b]**
6. Other
- \_\_DK **[Go to Q5e]**
- \_\_REF **[Go to Q5e]**

**5ao. Specify the most frequent way your bacon was cooked.**

A2BASPEC

\_\_\_\_\_ \_\_DK \_\_REF

**5b. About how often was your bacon [cooking method](cooked this way)?**

A2BAFRQO READ CATEGORIES FIRST TIME THROUGH

- 1. Almost always or always (100%) [Go to Q5e]
- 2. About 3/4 of the time (75%) [if Q5=1, GO TO Q5e]
- 3. About 1/2 of the time (50%) [if Q5=1, GO TO Q5e]
- 4. About 1/4 of the time (25%) [if Q5=1, GO TO Q5e]
- \_\_\_DK [Go to Q5e]
- \_\_\_REF [Go to Q5e]

**5c. What was the second most frequent way your bacon was cooked?**

- A2BASECF
- 1. Pan-fried [Go to Q5d]
  - 2. Grilled/Barbecued [Go to Q5d]
  - 3. Oven-broiled [Go to Q5d]
  - 4. Bought at a fast-food restaurant [Go to Q5d]
  - 5. Microwaved [Go to Q5d]
  - 6. Other
  - \_\_\_DK [Go to Q5e]
  - \_\_\_REF [Go to Q5e]

**5co. Specify the 2nd most frequent way your bacon was cooked.**

A2BASPE2

\_\_\_\_\_ \_\_\_DK \_\_\_REF

**5d. About how often was your bacon [cooking method] (cooked this way)?**

- A2BASECO
- 1. Almost always or always (100%)
  - 2. About 3/4 of the time (75%)
  - 3. About 1/2 of the time (50%)
  - 4. About 1/4 of the time (25%)
  - \_\_\_DK
  - \_\_\_REF

**5e. In the past year, when you ate bacon, was it usually....**

A2BAUSUA READ RESPONSE CATEGORIES

- 1. cooked just until done
- 2. well-done/crisp
- 3. charred
- \_\_\_DK
- \_\_\_REF

**6. During the past year, how often did you eat sausage?**

A2SAUSGO

PROMPT AS NEEDED

1. 1-6 times per year
2. 7-11 times per year
3. Once per month (12 -23 times per year)
4. 2-3 times per month (24-36 times per year)
5. 1 time per week
6. 2 times per week
7. 3-4 times per week
8. 5-6 times per week
9. 1 time per day
10. 2 or more times per day
11. Do not eat **[Go to Q7]**
- \_\_\_DK **[Go to Q7]**
- \_\_\_REF **[Go to Q7]**

**6a. What was the most frequent way your sausage was cooked ?**

A2SAUSGF

1. Pan-fried **[Go to Q6b]**
2. Grilled **[Go to Q6b]**
3. Oven-broiled **[Go to Q6b]**
4. Boiled **[Go to Q6b]**
5. Microwaved **[Go to Q6b]**
6. Bought at fast food restaurant **[Go to Q6b]**
7. Brown 'n Serve **[Go to Q6b]**
8. Other
- \_\_\_DK **[Go to Q6c]**
- \_\_\_REF **[Go to Q6c]**

**6a0. Specify the most frequent way your sausage was cooked.**

A2SGSPEC

\_\_\_\_\_ \_\_\_DK \_\_\_REF

**6b. About how often was your sausage [cooking method](cooked this way)?**

A2SGFRQO

1. Almost always or always (100%)
  2. About 3/4 of the time (75%)
  3. About 1/2 of the time (50%)
  4. About 1/4 of the time (25%)
- \_\_\_DK  
\_\_\_Ref

**6c. In the past year, when you ate sausage, was it usually....**

A2SGUSUA

READ CATEGORIES

1. cooked just until done
  2. well-done
  3. charred
- \_\_\_DK  
\_\_\_REF

**7. During the past year, how often did you eat any kind of hot dogs or frankfurters?**

A2HOTDGO

PROMPT AS NEEDED

1. 1-6 times per year
  2. 7-11 times per year
  3. Once per month (12 -23 times per year)
  4. 2-3 times per month (24-36 times per year)
  5. 1 time per week
  6. 2 times per week
  7. 3-4 times per week
  8. 5-6 times per week
  9. 1 time per day
  10. 2 or more times per day
  11. Do not eat **[Go to Q8]**
- \_\_\_DK **[Go to Q8]**  
\_\_\_REF **[Go to Q8]**

**7a. What was the most frequent way your hot dogs or frankfurters were cooked?**

- A2HOTDGF
- 1. Pan-fried [Go to Q7b]
  - 2. Grilled [Go to Q7b]
  - 3. Oven-broiled [Go to Q7b]
  - 4. Boiled [Go to Q7b]
  - 5. Microwaved [Go to Q7b]
  - 6. Bought at fast food restaurant [Go to Q7b]
  - 7. Other [Go to Q7c]
- \_\_\_DK [Go to Q7c]  
\_\_\_REF [Go to Q7c]

**7ao. Specify the most frequent way your hot dogs or frankfurters were cooked.**

A2HDSPEC \_\_\_\_\_ \_\_\_DK \_\_\_REF

**7b. About how often were your hot dogs or frankfurters [cooking method] (cooked this way)?**

- A2HDFRQO
- 1. Almost always or always (100%)
  - 2. About 3/4 of the time (75%)
  - 3. About 1/2 of the time (50%)
  - 4. About 1/4 of the time (25%)
- \_\_\_DK  
\_\_\_REF

**7c. In the past year, when you ate hot dogs or frankfurters, were they usually....**

A2HDUSUA READ CATEGORIES

- 1. cooked just until done
- 2. well-done
- 3. very well-done

\_\_\_DK  
\_\_\_REF

**8. During the past year, how often did you eat chicken, including nuggets?**

A2CHICKO

PROMPT AS NEEDED

1. 1-6 times per year
2. 7-11 times per year
3. Once per month (12 -23 times per year)
4. 2-3 times per month (24-36 times per year)
5. 1 time per week
6. 2 times per week
7. 3-4 times per week
8. 5-6 times per week
9. 1 time per day
10. 2 or more times per day
11. Do not eat **[Go to Q9]**
- \_\_DK **[Go to Q9]**
- \_\_REF **[Go to Q9]**

**8a. About how often was the chicken you ate fried chicken (including deep fried) or chicken nuggets?**

A2CKFRYO

1. Almost always or always (100%)
2. About 3/4 of the time (75%)
3. About 1/2 of the time (50%)
4. About 1/4 of the time (25%)
5. Never (0%) **[Go to Q8c]**
- \_\_DK **[Go to Q8c]**
- \_\_REF **[Go to Q8c]**

**8b. How was your fried chicken usually cooked?**

A2CKCOOK

READ RESPONSES

1. Deep-fat fried **[Go to Q8c]**
2. Pan -fried **[Go to Q8c]**
3. Fast food restaurant **[Go to Q8c]**
4. Other

**8bo. Specify how your fried chicken was usually cooked.**

A2CKSPEC

\_\_\_\_\_ \_\_DK \_\_REF

**[IF Q8A= (100%), GO TO Q8E]**



**8c. [Other than frying], what was the most frequent way your chicken was cooked?**

- A2CKFREQ
- |                                   |             |
|-----------------------------------|-------------|
| 1. Baked or roasted               | [Go to Q8d] |
| 2. Stewed                         | [Go to Q8d] |
| 3. Grilled/Barbecued              | [Go to Q8d] |
| 4. Oven-broiled                   | [Go to Q8d] |
| 5. Bought at fast food restaurant | [Go to Q8d] |
| 6. Other                          |             |

**8co. Specify most frequent way (other than frying) your chicken was cooked.**

A2CKSPE2

\_\_\_\_\_      \_\_\_DK \_\_\_REF

**8d. About how often was your chicken [cooking method] (cooked this way)?**

- A2CKFRQO
- |                            |        |
|----------------------------|--------|
| 1. Almost always or always | (100%) |
| 2. About 3/4 of the time   | (75%)  |
| 3. About 1/2 of the time   | (50%)  |
| 4. About 1/4 of the time   | (25%)  |
- \_\_\_DK  
\_\_\_REF

**8e. In the past year, when you ate chicken, was it usually ...?**

A2CKUSUA

READ CATEGORIES

1. cooked just until done
2. well-done
3. very well-done

\_\_\_DK  
\_\_\_REF

**9. In the summer months, how often did you eat grilled (barbecued) meat, poultry, or fish?**

A2BBQSUM

1. never
  2. less than once per month
  3. once per month
  4. 2-3 times per month
  5. once per week
  6. twice per week
  7. 3-4 times per week
  8. 5-6 times per week
  9. once or more per day
- \_\_\_DK  
\_\_\_REF

**10. During the remainder of the year, how often did you eat grilled (barbecued) meat, poultry, or fish?**

A2BBQREM

1. never
  2. less than once per month
  3. once per month
  4. 2-3 times per month
  5. once per week
  6. twice per week
  7. 3-4 times per week
  8. 5-6 times per week
  9. once or more per day
- \_\_\_DK  
\_\_\_REF

**[If Q9 and Q10= NEVER, DK, or Ref, GO TO Q12]**

**11. During the past year, when you had grilled or barbecued meat, poultry, or fish, how often were they charred?**

A2BBQCHA

- READ CATEGORIES
- |                            |        |
|----------------------------|--------|
| 1. always or almost always | (100%) |
| 2. about ¾ of the time     | (75%)  |
| 3. about ½ of the time     | (50%)  |
| 4. about ¼ of the time     | (25%)  |
| 5. never or almost never   | (0%)   |
- \_\_\_DK  
\_\_\_REF

**12. During the past year, when you had pan-fried or oven-broiled meat, poultry, or fish, how often were they well browned?**

- A2BROWNE
1. always or almost always (100%)
  2. about  $\frac{3}{4}$  of the time (75%)
  3. about  $\frac{1}{2}$  of the time (50%)
  4. about  $\frac{1}{4}$  of the time (25%)
  5. never or almost never (0%)
  6. did not eat pan-fried or oven broiled meats
- \_\_\_DK  
\_\_\_REF